

# Child and Adult Psychological Services, PLLC

Dr. Shloimie Zimmerman

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## Suggested Reading List

- Bowlby, John. *A Secure Base* (Routledge Classics)
- Brazelton, T. Berry & Greenspan, Stanley I. *The Irreducible Needs of Children: What Every Child Must Have to Grow, Learn, and Flourish*
- Brazelton, T. Berry. *Touchpoints: The Essential Reference: Your Child's Emotional and Behavioral Development* (Massachusetts: Perseus Books, 1992).
- Brown, B. (2010). *Gifts of imperfection, the*: Hazelden Information & Educational Services.
- Cavanagh Johnson, Toni. *Helping Children with Sexual Behavior Problems: A Guidebook for Professionals and Caregivers*.
- Cavanagh Johnson, Toni. *Understanding Children's Sexual Behaviors—What's Natural and Healthy* (Updated and Expanded 2015)
- Ciaramicoli, Arthur P & Katherine. *The Power of Empathy: A Practical Guide to Creating Intimacy, Self- Understanding, and Lasting Love in Your Life*
- Debow, Yocheved. *Talking About Intimacy and Sexuality: A Guide for Orthodox Jewish Parents* (New Jersey: Ktav Publishing House, 2012).
- Diamant, Sara. *Talking to Your Children About Intimacy: A Guide for Orthodox Jewish Parents* (Createspace, 2013).
- Eidensohn, Daniel and Baruch Shulem., *Child and Domestic Abuse: Torah, Psychological, and Legal Perspectives Volumes I and II* (Emunah Press, Jerusalem—New York 2010).
- Fraiberg, Selma H. *The Magic Years: Understanding and Handling the Problems of Early Childhood* (Paperback)

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- Frankl, V.E. *Man's Search for Meaning: An Introduction to Logotherapy*. (Washington Square Press, 1963).
- Friedman, Michelle & Yehuda, Rachel. *The Art of Jewish Pastoral Counseling: A Guide for All Faiths*. (2016).
- Friedman, Rabbi Avraham Peretz. *Marital Intimacy: A Traditional Jewish Approach*.
- Fromm, E. *To Have or To Be*: (Bloomsbury 1976).
- Grayson, Jonathan. *Freedom from Obsessive Compulsive Disorder*. Updated Edition. (Berkley, 2014)
- Kohn, Alfie. *Punished By Rewards: The Trouble with Gold Stars, Incentive Plans, A's, Praise, and Other Bribes* (Paperback)
- Kohn, Alfie. *Unconditional Parenting: Moving from Rewards and Punishments to Love and Reason*. (Atria)
- Kubler-Ross, Elizabeth & Kessler, David. *Life Lessons: Two Experts on Death and Dying Teach Us About the Mysteries of Life and Living*
- Levitz, Yisrael N. & Twerski, Abraham J. *A Practical Guide to Rabbinic Counseling* (Feldheim Publishers Jerusalem, 2005)
- Mandel, David and David Pelcovitz, eds., *Breaking the Silence (BTS)—Sexual Abuse in the Jewish Community* (New Jersey: Ktav Publishing House, 2011).
- Mermelstein, Dr. Jacob. *Being and Becoming*. (Artscroll).
- Miller, Alice. *The Drama of the Gifted Child: The Search for the True Self*
- Peele, S. (2007). *Addiction-proof your child: a realistic approach to preventing drug, alcohol, and other dependencies*.
- Perry, Bruce D. & Szalavitz, Maya. *The Boy who Was Raised as a Dog*

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- Roberts, Monty. *The Man Who Listens to Horses: The Story of a Real-Life Horse Whisperer*. Ballantine, 2008
- Seligman, Martin E. *The Optimistic Child: Proven Program to Safeguard Children from Depression & Build Lifelong Resilience*.
- Singer, M.A.. 2016. *The surrender experiment: my journey into life's perfection*. Yellow Kite, London.
- Singer, Michael A., *The Untethered Soul: The Journey Beyond Yourself* (New Harbinger Publications/ Noetic Books; 1st edition, 2007).
- Sorotzkin, Rabbi Dr. Benzion. "Chinuch: Beyond the Surface". Second Edition, 2020
- Stone, Douglas & Heen, Sheila. *Thanks for the Feedback: The Science and Art of Receiving Feedback Well*. (Penguin Books, 2014).
- Tolle, Eckhart. *The Power of Now: A Guide to Spiritual Enlightenment*, (New World Library, 2004).
- Wolbe, Rabbi Shlomo. *Planting and Building in Education: Raising a Jewish Child*. (Feldheim)
- Zimmerman, Shloimie. *From Boys to Men: Guiding our sons and students in the ways of kedushah*. (Mosaica Press, 2022).